



# August, 2010



## *Bardstown City Schools—Lunch Menu*

*Mon*

*Tue*

*Wed*

*Thu*

*Fri*

<p><i>New this school year- all milk in all schools is 1% and skim</i></p>	<p>3 Chicken Tenders Mashed Potatoes &amp; Gravy Green Beans Choice of Fruit Bread</p>	<p>4 Turkey &amp; Cheese Wrap Waffle Fries Vegetable Medley Lettuce &amp; Tomato Choice of Fruit</p>	<p>5 Nacho Grande Cheese Sauce Corn Refried Beans Lettuce &amp; Tomato Choice of Fruit</p>	<p>6 Stuffed Crust Cheese Pizza Broccoli Toss Salad Choice of Fruit</p>
<p>9 Chicken Nuggets Macaroni &amp; Cheese Peas Choice of Fruit Bread</p>	<p>10 Hot Dog or Chili Dog Mashed Potatoes Sauerkraut Pork &amp; Beans Choice of Fruit</p>	<p>11 Submarine Sandwich Potato Wedges Steamed Broccoli Fresh Fruit Blueberry Cake</p>	<p>12 Spaghetti &amp; Meat Sauce Corn Kale Greens Toss Salad Texas Toast Choice of Fruit</p>	<p>13 Fiestada Pizza Vegetable Medley Toss Salad Choice of Fruit</p>
<p>16 Hamburger on Bun/Cheese French Fries Baked Beans Choice of Fruit</p>	<p>17 BBQ Pork Rib on Bun Au Gratin Potatoes Fresh Cucumber Slices Choice of Fruit</p>	<p>18 Spicy Chicken or Crispy Chicken on Bun Tri Taters Vegetable Medley Fresh Fruit</p>	<p>19 Soft Shell Beef Taco Shredded Cheese Corn Refried Beans Lettuce &amp; Tomato Choice of Fruit</p>	<p>20 Stuff Crust Pepperoni Broccoli Toss Salad Choice of Fruit</p>
<p>23 Popcorn Chicken Mashed Potatoes Green Beans Choice of Fruit</p>	<p>24 Fish on Bun / Cheese Waffle Fries Corn Choice of Fruit Choc. Chip Cookie</p>	<p>25 Sub Wrap/Ham &amp; Turkey Baked Potato Steamed Cauliflower Fresh Fruit</p>	<p>26 Salisbury Steak Mashed Potatoes Green Beans Cinnamon Apples Homemade Rolls</p>	<p>27 Pepperoni Pizza Corn Toss Salad Fresh Fruit</p>
<p>30 Sloppy Joe French Fries Steamed Broccoli Choice of Fruit</p>	<p>31 Chicken Tenders Mashed Potatoes Green Beans Choice of Fruit Bread</p>	<p><i>Menu choices may vary by school and by day</i></p>	<p><i>An optional choice of yogurt/cheese stick available daily</i></p>	<p><i>Menus and other school Info can be found at: <a href="http://www.bardstown.kyschools.us">www.bardstown.kyschools.us</a></i></p>



# August, 2010



## *Bardstown City Schools—Breakfast Menu*

*Mon*

*Tue*

*Wed*

*Thu*

*Fri*

<p><i>New this school year- all milk in all schools is 1% and skim</i></p>	<p>3 Sausage, Biscuit &amp; Gravy or Cereal &amp; Biscuit Juice Milk</p>	<p>4 French Toast Sticks or Cereal &amp; 2 Sticks Juice Milk</p>	<p>5 Breakfast Pizza or Cereal &amp; Gr. Cracker Juice Milk</p>	<p>6 Sausage &amp; Pancake/Stick or Cereal &amp; Toast Juice Milk</p>
<p>9 Cereal Poptart Juice Milk</p>	<p>10 Sausage, Biscuit &amp; Gravy or Cereal &amp; Biscuit Juice Milk</p>	<p>11 Home Baked Cinnamon Rolls or Cereal &amp; 1Roll Juice Milk</p>	<p>12 Breakfast Pizza or Cereal &amp; Gr. Cracker Juice Milk</p>	<p>13 Cinnamon Glazed Pancakes or Cereal &amp; Toast Juice Milk</p>
<p>16 Twisted Cheese Stick or Cereal &amp; Gr. Cracker Juice Milk</p>	<p>17 Sausage, Biscuit &amp; Gravy or Cereal &amp; Biscuit Juice Milk</p>	<p>18 Breakfast Chicken Sand. or Cereal &amp; Toast Juice Milk</p>	<p>19 Breakfast Pizza or Cereal &amp; Gr. Cracker Juice Milk</p>	<p>20 Pillsbury Mini Pancakes or Cereal &amp; Toast Juice Milk</p>
<p>23 Cereal Poptart Juice Milk</p>	<p>24 Sausage, Biscuit &amp; Gravy or Cereal &amp; Biscuit Juice Milk</p>	<p>25 French Toast Sticks or Cereal &amp; 2 Sticks Juice Milk</p>	<p>26 Breakfast Pizza or Cereal &amp; Gr. Cracker Juice Milk</p>	<p>27 Sausage &amp; Pancake/Stick or Cereal &amp; Toast Juice Milk</p>
<p>30 Smuckers Waffle or Cereal &amp; Gr. Cracker Juice Milk</p>	<p>31 Sausage, Biscuit &amp; Gravy or Cereal &amp; Biscuit Juice Milk</p>			